

9-12 Understanding Gender Lesson: Online/Offline Adaptation



Erin’s Law Toolkit Lesson

Before implementing the lesson below, please review:

1. The guidelines at the top of the [Erin’s Law Toolkit](#) and the [Key Tips for Sex Ed & Erin’s Law Instruction During Distance Learning](#) for important tips on building safe and inclusive distance learning environments.
2. The original lesson, which is linked at the top of the table.

9	Lesson: Understanding Gender (Spanish version) Rights, Respect, Responsibility (3Rs) Curriculum
Topics	Respecting Differences, Advocacy, Stereotypes, Empathy, Positive Identity Development, Bullying and Abuse Prevention
Related Oregon Health Education Standards	<p>HE.1.12.16 Differentiate between biological sex, sexual orientation, sexual identity and sexual behavior, gender identity and gender expression.</p> <p>HE.1.12.18 Describe the intersections of varied identities, including gender, race, ethnicity, sexual orientation, ability, etc.</p> <p>HE.1.12.34 Explain that sexuality includes a multitude of sexual expressions and behaviors that are a normal part of being human.</p> <p>HE.2.12.7 Analyze the influence of friends, family, media, society, and culture on the intersections of gender, sexual orientation, race, ethnicity, and other identities.</p> <p>HE.4.12.5 Demonstrate respectful communication with and about people of all gender identities, gender expressions and sexual orientations.</p> <p>HE.7.12.4 Demonstrate ways to treat yourself and others with dignity and respect, with regard to gender, gender identity, gender expression, and sexual orientation.</p> <p>HE.8.12.7 Advocate for school policies and programs that promote healthy relationships with dignity and respect for all in a safe and inclusive environment.</p>
Distance Adaptations (Online)	<p>Notes to teacher:</p> <ul style="list-style-type: none"> - The lesson below was adapted using a student-led model (access Google Classroom versions), provided by Advocates for Youth. - Tip: Use Google Forms to collect the responses to questions, assignments, and/or create assessments/quizzes. - Teacher answer keys and student assignments can be found at the end of this document.

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	<p>Online lesson: This lesson is about biological sex, gender, gender identity and sexual orientation. People often use these concepts to mean the same thing, but while related, they are all distinct parts of being human.</p> <p>Task 1 (15 minutes) Read the document called "Understanding Gender - Picture Activity" and complete the picture activity where you will be describing someone without using any terms connected to gender.</p> <p>Task 2 (15 minutes) Once done with the picture activity, next read the document called "Understanding Gender Reading and Activity" and complete the assigned activity about gender scripts.</p> <p>Task 3 (10 minutes) Once done with the gender script activity, next watch both Amaze videos - Gender Identity and Sex Assigned at Birth - and complete the short quiz below:</p> <ol style="list-style-type: none"> 1. Expressing your masculinity and/or femininity to the world is a person's <ol style="list-style-type: none"> A) Gender identity B) Gender expression C) Sexual orientation D) Sex assigned at birth 2. Cisgender is when a person's sex assigned at birth matches their <ol style="list-style-type: none"> A) Gender identity B) Gender expression C) Sexual orientation D) Sex assigned at birth 3. Genderfluid, genderqueer and gender non-binary are all examples of a person's <ol style="list-style-type: none"> A) Gender identity B) Gender expression C) Sexual orientation

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	D) Sex assigned at birth Task 4 (2 minutes) Submit all completed assignments to your teacher.
Distance Adaptations (Offline)	Offline prompt for caregivers and family discussion: Take turns asking and sharing answers to the following questions: When did you first know your gender identity? How are people with diverse gender identities and expressions regarded in our family? In our community? In the U.S. culture at large? What can we do to be more inclusive as a family?

Task 3 Teacher Answer Key

1. Expressing your masculinity and/or femininity to the world is a person's

- A) Gender identity
- B) Gender expression**
- C) Sexual orientation
- D) Sex assigned at birth

2. Cisgender is when a person's sex assigned at birth matches their

- A) Gender identity**
- B) Gender expression
- C) Sexual orientation
- D) Sex assigned at birth

3. Genderfluid, genderqueer and gender non-binary are all examples of a person's

- A) Gender identity**
- B) Gender expression
- C) Sexual orientation
- D) Sex assigned at birth